



Nottinghamshire  
Safeguarding  
Adults Board  
Stop abuse and neglect

# ADULT ABUSE.



# SEE IT, REPORT IT.

"When I was concerned about abuse, I **felt listened to by those who looked into it.**"



If you're worried about someone, or need support yourself:  
Visit: [www.nottinghamshire.gov.uk/abuse](http://www.nottinghamshire.gov.uk/abuse)  
Tel: **0300 500 80 80**